

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
				<p>8:00 am-12:00 pm</p> <p>Final Forms and equipment pickup. If you are able, come by school any time from 8-12 to insure Final Forms is complete and pick up any equipment you might need.</p>		
14	15	16	17	18	19	20
<p>Heat Acclimatization Week</p> <p>→</p>	<p>Check-in 7:00-8:00 am -Final Forms check for those that didn't come on 7/11 and get equipment. -If Final Forms is complete, arrive at 7:40 am Tryouts 8:00-10:00 am (helmet, t- shirt, shorts, cleats) **6:30 pm** Parent meeting via Zoom</p>	<p>Tryouts 8:00-10:00 am (helmet, t- shirt, shorts, cleats)</p>	<p>Tryouts 8:00-10:00 am (helmet, shoulder pads, shorts, cleats)</p>	<p>Tryouts 8:00-10:00 am (helmet, shoulder pads, shorts, cleats)</p>	<p>Tryouts 8:00-10:00 am (helmet, shoulder pads, shorts, cleats)</p>	
21	22	23	24	25	26	27
<p>Full pads start for those that completed their acclimatization period →</p>	<p>Tryouts 8:00-10:00 am (full pads contact evaluations)</p>	<p>Tryouts 8:00-10:00 am (full pads contact evaluations) *cuts made if necessary</p>	<p>Practice 8:00-10:00 am</p>	<p>Practice 8:00-10:00 am</p>	<p>No Practice</p>	
28	29	30	31			
	<p>Practice 8:00-10:00 am</p>	<p>Practice 8:00-10:00 am</p>	<p>Practice 8:00-10:00 am</p>			

*Athletes **MUST** have **2 days in helmet** and then **3 days in helmet and shoulder pads** prior to full contact. After those 5 day are completed, they will then have their full pads contact evaluation.

August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Teachers PD ¹ Scrimmage vs. Ooltewah. Info to come later	Teacher PD ² No Practice	³
⁴	Teacher PD ⁵ 6 th Grade HMS Experience Night No Practice	Teacher PD ⁶ Practice 3:00-5:00 pm	First Day of School ⁷ Practice Until 5:00	⁸ Practice Until 5:00	Teacher PD ⁹ No school for students No Practice	¹⁰ Jamboree Time and Location TBD

*Afternoon practice to get acclimated to afternoon heat